

MAKEUP ARTISTRY

March 23, 2009



Meredith Tompkins will be teaching a Fundamentals Series of Makeup Artistry at Earthfare.

Earthfare Introduces the Fundamentals of Healthy Beauty Inside and Out

Just because you go natural, doesn't mean you have to abandon the augmentation of beauty! Earthfare offers an amazing selection of soothing skin care products that nourish your body with pure plant oils and water—not petroleum—as well as mineral and natural pigment based cosmetics. All are cruelty free.



History of Meredith Tompkins Augusta Georgia Native

by Susie Council

Meredith Tompkins turns special occasions into extraordinary experiences. Using healthy, long lasting products with a state of the art technique, she transforms the glow of excitement into a look that brings out her client's natural inner beauty, creating memories to last a lifetime.

A masterful makeup and airbrush artist and skin therapist, Meredith began her career with Victoria's Secret Beauty, rising quickly from part-time Sales Associate to in-house trainer, traveling throughout the U.S. teaching Victoria's Secret staff the art of makeup application and the benefits of the Victoria's Secret Beauty product line.

Enterprising and talented as a youngster, Meredith recalls doing makeovers for her family and friends right up through high school where she found her makeup skills very much in demand for proms, cheerleading events and other occasions special to teens. She credits her work with Victoria's Secret Beauty for turning her passion for makeup into a career that adds so much to her clients' joy and happiness on their special days, whatever those days may be.

Receiving her skin care training from the International Dermal Institute, Meredith has since selected Sevi Vegan Cosmetics, where she serves as Color Consultant, as her partner in the launch of her all glamorous and green

“ My approach on makeup application is simply bringing out the natural inner beauty we all possess. I love creating sexy, modern, sophisticated and elegant looks.”

Meredith Tompkins

Bella Faccia Vegan Mineral Cosmetics line. Committed to the quality and excellence of the products she uses, Meredith chose Temptu Airbrush Makeup and Cosmetics for the healthy and beautiful results they deliver for her clients.

Known for the fun, fresh, and vibrant looks she creates, Meredith has been regularly featured on NBC Augusta and her work has appeared on the covers of Bella Bride Magazine, My Bella Weddings Guide, Athens Magazine and Augusta Magazine. She is a contributing makeup and beauty writer for My Bella Bride Magazine. In 2008, Meredith co-founded and launched her first annual A Marry Occasion the crème de la crème Bridal Show for the Augusta, Georgia market. She is now partnering with Earthfare to educate the community on achieving beauty from the inside out. .

Based in Augusta, Georgia, Meredith is co-owner with her husband, Kyle Tompkins of La Dolce Vita Salon and Spa.

Meredith Tompkins and her staff at La Dolce Vita will be guiding you through a series of Beauty Classes.



about Dr. Hauschka

For more than 40 years Dr.Hauschka Skin Care has led the way in holistic skin care. Early in the last century, chemist Dr. Rudolf Hauschka asked philosopher and scholar Dr. Rudolf Steiner the ultimate question: "what is life?" "

"Study rhythm," Steiner replied, "rhythm is the carrier of life."

In the following years, Hauschka began developing plant-based healing remedies based on Steiner's teachings. Inspired by their conversation, Hauschka found that by using the rhythms and polarities of Nature he was able to create plant extracts that retained the vital forces of the living plant and remained stable without the use of alcohol or artificial preservatives. This startling discovery inspired Dr. Hauschka and his colleagues to found a holistic pharmaceutical company, which they called WALA Heilmittel; WALA for Hauschka's unique rhythmical process (warmth, ash, light, ash) and Heilmittel,



"Be the change you want to see in the world"

Ghandi

the German word for remedy. At the same time, pioneering esthetician Elisabeth Sigmund was transforming the nature of skin care at her clinic in Sweden. Sigmund recognized that skin health and outward appearance are the direct results of a person's internal health and emotional well-being. Inspired by Anthroposophy and well versed in the traditional lore of medicinal plants, Ms. Sigmund developed her own skin care

preparations and treatment methods designed to restore beauty by supporting health. She obtained some of the healing ingredients of her preparations from WALA Heilmittel, and after a time Dr. Hauschka asked her to join him at WALA in Germany. She accepted, and in 1967 the two launched their line of therapeutic skin care products and treatment methods, which came to be known as Dr.Hauschka Skin Care.

Decorative Cosmetics for face

Revealing your beauty is a gift to the world and an appreciation of yourself. When you give your beauty to the world, the world reflects it back upon you tenfold. Dr.Hauschka Decorative Cosmetics come from nature. Made from botanicals and natural minerals, they not only enhance

your beauty—they nurture your skin, helping you make it healthy, fresh and beautiful. Beauty is yours to embrace.

Inside all of life, beauty lives.

Dr. Hauschka products are available at Augusta's Earthfare located at 368 Furys Ferry Road.



Translucent Face Powder, Compact
Silk powder and rose petal extract reduce shine and soothe the skin to keep your skin feeling fresh all day.



The healthy social life is found when in the mirror of each human soul the whole community finds its reflection and when in the community the virtue of each one is living."

Dr. Rudolph Steiner



Join us in the launch of the Fundamentals of Healthy Beauty Inside and Out

Meredith Tompkins and staff from La Dolce Vita Salon and Spa, will be teaching a series of makeup artistry and beauty classes ranging from vitamins and supplements, aromatherapy, weight management, natural cosmetics and skin care, just to name a few.

Our first event will be focusing on achieving a healthy skin care routine and creating a glowing foundation for makeup application.

Monday, March 30, 2009

6:30-8:30 at Earthfare.

Free to the Public!

Space is limited. RSVP

706-724-0040 for your seat.

Participants will receive a surprise Gift!